

PORTO

11-15 December 2017



CAR

Clube de Anestesia Regional

PRESENTS



Anesthesiology **alive**

KNOWLEDGE UPDATE

GENERAL DESCRIPTION

Since its early days, Anesthesiology has been a leader in medical progress.

Last few years bear witness of great evolution and revolution in terms of pharmacology, techniques, knowledge, safety and training. It is difficult to be updated with so many new concepts and ideas.

CAR/ESRA Portugal is aware of such immense responsibility of what being a peri-operative specialist is all about and is deeply committed to provide the leadership in education and training necessary to achieve the highest quality clinical care possible and uncompromised safety throughout the perioperative continuum involved in pain relief and regional anesthesia planning and implementation.

To achieve excellence in regional anesthesia, you should be an exceptional anesthesiologist too. In the past years, several and very significant clinical changes affected the practice of anesthesiology as we know it. This comprehensive CME program provides a special and timely opportunity for anesthesiologists and anesthesiology residents to hear directly from world-renowned specialists and master clinicians about these changes and make a satisfying update.

Anesthesiology Alive 2017 course program ensures that attendees leave with a comprehensive understanding of the latest advances, risk mitigation strategies, anesthesiology guidelines and specific recommendations to incorporate these updates into practice. The design of the course is appealing and engaging, so attendees feel free to pose questions at the end of each morning session as one-on-one with the national and international experts who will be delivering the updates and education at this event. This program also features a variety of hands-on, skills-advancement workshops during the afternoon.

MONDAY

ANESTHESIA BASICS

8:00-8:40

Basic Pharmacology for Anesthesiologists
TONY ABSALOM

8:40-9:10

Game Changers: The most important anesthesia articles ever published in GA
FRANCISCO LOBO

9:10-9:40

Game Changers: The most important anesthesia articles ever published in RA
ROMAN ZUERCHER

9:40-10:10

New drugs for the decade
FRANCISCO LOBO

/// COFFEE BREAK ///

MONITORING DURING ANESTHESIA

10:45-11:15

A multi-parametric non-invasive approach to patient monitoring:
From basics to advanced
AZRIEL PEREL

11:15-11:45

Regional anesthesia monitoring
CLARA LOBO

11:45-12:15

Opioid. Friend or foe?
ROMAN ZUERCHER

12:15-13:00

DISCUSSION

/// LUNCH ///

CRUNCH THE NUMBERS - HOW TO SUCCEED AS A PUBLISHER?

14:30-16:30

WS How to publish a paper
TONY ABSALOM

TUESDAY

AMBULATORY SURGERY

8:30-9:15

Anesthetic issues for an ambulatory surgery: what are the limits for appropriate patients and procedures?

PAULO LEMOS

9:15-9:40

Pro-Con: A+P vs sugammadex

SIMÃO ESTEVES

9:40-10:10

Sedation for Regional Anesthesia

ALAIN BERGEAT

/// COFFEE BREAK ///

PRE-OP AND POST-OP ASSESSMENT

11:00-11:30

Pearls for a perfect pre-op interview

ANTÓNIO MELO

11:30-12:00

Non-anesthetic effects of anesthesia: immunologic, inflammatory and cancer

ALAIN BERGEAT

12:00-12:30

Preparing anesthesia for the patient too sick for anesthesia

SIMÃO ESTEVES

12:30-13:00

DISCUSSION

/// LUNCH ///

BRAIN STORMING

14:30-16:30

Neurophysiology made simple

TONY ABSALOM

Brain waves for dummies

FRANCISCO LOBO

Neuroanesthesia for the occasional neuroanesthesiologist

TONY ABSALOM

WEDNESDAY

FLUID AND TRANSFUSION THERAPY

8:30-9:00

Coagulation in the peri-operative setting: how to survive a bloody mess!

JOSÉ AGUIAR

9:00-9:30

Assessing fluid responsiveness: Theory and practice.

AZRIEL PEREL

9:30-10:00

Preparing an anaemic patient to surgery: escaping the vampires!

JOSÉ AGUIAR

10:00-10:30

Iatrogenic hemodilution and avoidable blood transfusions

AZRIEL PEREL

/// COFFEE BREAK ///

AIRWAY MANAGEMENT AND VENTILATION

11:00-11:30

Top airway gadgets an anesthesiologist should master

PEDRO CHARCO

11:30-12:00

How to avoid respiratory complications during and after anesthesia?

JAVIER BELDA

12:00-12:30

Ventilation Modes: 5 things you always wanted to know about lung ventilation

JAVIER BELDA

12:30-13:00

DISCUSSION

/// LUNCH ///

TAKE A DEEP BREATH

14:30-16:30

WS Airway

PEDRO CHARCO

WS Ventilation

JAVIER BELDA

WS TIVA

FRANCISCO LOBO / ANDREIA COSTA

THURSDAY

REGIONAL ANESTHESIA

8:30-9:00

Clinical pathways for total knee joint arthroplasty: Essential components of success

ERIC ALBRECHT

9:00-9:30

Big five blocks: blocks any anesthesiologist should master!

CLARA LOBO

9:30-10:00

How to become a true alchemist!

ERIC ALBRECHT

10:00-10:30

My patient has a neurologic injury after a PNB and orthopaedic surgery: what shall I do?

ERIC ALBRECHT

/// COFFEE BREAK ///

ANESTHESIA FOR SPECIAL POPULATIONS

11:00-11:30

What every anesthesiologist should know about patient safety

SUSANA PARENTE

11:30-12:00

How to turn pediatric anesthesia into a child's play!

HUGO TRINDADE

12:00-12:30

One-stop shop for geriatric anesthesia: be an expert in ONE Session

SUSANA PARENTE

12:30-13:00

DISCUSSION

/// LUNCH ///

DON'T LOOSE YOUR HEART

14:30-16:30

Oxygen deliver (DO₂) – an oversimplified concept?

AZRIEL PEREL

Echocardiography for dummies

LURDES CASTRO

FRIDAY

ACUTE AND CHRONIC PAIN

9:00-9:30

Best acute pain management: no pain, best gain!

RONALD SILVA

9:30-10:00

Baby, don't hurt me, no more! Intervention practices in Chronic Pain

JOSÉ DE ANDRÈS

10:00-10:30

How to use correctly the anatomy in Pain medicine.

JOSÉ DE ANDRÈS

/// COFFEE BREAK ///

11:15-12:00

5 Things you always wanted to know about OB anesthesia

RITA ARAÚJO

12:00-12:30

Obesity: swimming with the whales...

CLARA LOBO

12:30-13:00

DISCUSSION

/// LUNCH ///

LET VISION GUIDE YOU

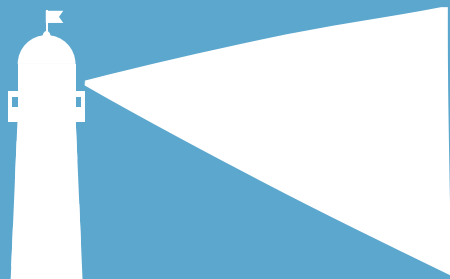
14:30-16:30

WS US and regional anesthesia

CAR TEAM

WS Simulation in emergency anesthesiology cases

RONALD SILVA



Anesthesiology *alive*

KNOWLEDGE UPDATE